

Station	Ex no.	Exercise	Linked
Start			
1	14	Call Front - Finish left	
2	n/a	Offset Figure 8	
3	33	Spiral Right - dog outside	
4	n/a	Offset Figure 8	
5	34	Spiral Left - dog inside	
6	65A	Down on Move	
6B	65B	Recall to Heel - Send around	
7	28	Sit- 90 Degree Pivot Left - Sit	yes
8	n/a	Call front – 1,2,3 steps backward	yes
9	n/a	Stop – 1,2,3 steps forward	yes
10	62	Call Front- About Turn Right - Forward	
11	66A	Sit - Leave Dog	
11B	66B	Angled Recall Over Jump	

Station	Ex no.	Exercise	Linked
12	20	Sit - Left Turn - Forward	
13	21	Figure 8	
14	68	Left Turn - Backup	
15	59	Send Over Jump - Handler Runds By	
16	9	270 Degree Right (Turn)	
17	51	Moving Send Around	
18	52	Stand Walk Around	yes
19	57A	Stand - Leave Dog	yes
19B	57B	Turn - Call To Heel	
20	40	Left About Turn	
21	15	Slow Pace	
22	58	Moving Backup	
23	9	270 Degree Right (Turn)	
24	Bonus 15	Send Around Pole - Loop To Heel - Forward	

See over leaf for the miscellaneous (old) signs! They can be downloaded from the Rallynews website!

## Additional Exercise descriptions –

### Station numbers – 2 - exit between 4 & 1

#### Off-Set Figure 8

This exercise requires four bowls with toys in them. A screen wire cover is placed over the bowls to prevent a dog who breaks heel position from being rewarded by getting at the toys.

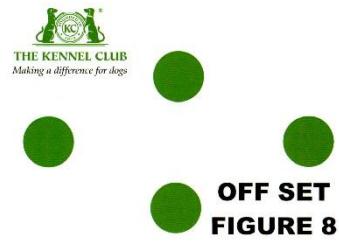
The dog/handler team enters the figure 8 with the exercise sign to their left, according to the position of the previous station and turns either to the left or the right.

The handler forms a figure of eight around the 1 & 3 bowls, by crossing the centre 3 times. The exit is according to the position of the next station ie. Passing between 1&4; 3&4; 2&3; or 1&2. There are no stops in this exercise. The handler may cue the dog to leave the bowls alone.

### Station numbers – 4 - exit between 4 & 1

#### Off-Set Figure 8

As per station 2 but with a different exit.



### Station number 9

#### Stop – 1,2,3 steps forward

The dog/ handler team stops at the exercise sign. With the dog sitting in heel position, the handler cues the dog to move and takes one step forward, then the handler and sits each time the handler stops. This is a static exercise



### Station number 8

#### Call front – 1,2,3 steps backward.

After calling the dog to front as described in exercise 11, the handler takes one step backward and stops. The dog moves toward the handler and resumes a sit in the front position each time the handler stops. Because this exercise concludes with the sitting in front of the handler, it must be followed by a Finish right.

