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| Station | Ex no. | Exercise | Linked |
|-------------|--|----------------------------|--------|
| Start | | · | • |
| 1 | 10 | 360 right | no |
| 2 | 23 | Sit - Walkaround | yes |
| 3 | 32 | Sit - walkaround - forward | yes |
| 4 | 34 | Spiral left - dog inside | no |
| 5 | 43 | Sit - fast forward | no |
| 6 | 17 | Normal pace | no |
| 7 | 41 | Down | no |
| 8 | 40 | Left about turn | no |
| 9 | 18 | Moving sidestep | no |
| 10 | 27 | 90 pivot right turn | no |
| 11 | 12 | Call front - forward left | no |
| 12 a | 44a | Sit - leave dog | no |
| 12b | 44b | Call to heal while moving | no |
| 13 | 42 | Stand | no |
| 14 | 25 | 270 left | no |
| Finish | | | - |
| Bonus | Bonus Ex 8 Sit - leave dog - recall through distractions | | |